# JUNE Newsletter 2019



#### **PILGER SENIOR CENTER**

100 W. 2<sup>nd</sup> St., Suite #100

Pilger, NE 68768

Phone 402-396-7363

June 14<sup>th</sup> – Flag Day

June 15<sup>th</sup> – World Elder Abuse Awareness Day

June 16<sup>th</sup> – Father's Day

**June 21**st – **Summer Begins** 

## **Pilger Senior Center Newsletter**

#### June 2019

Welcome to the June edition of the Pilger Senior Center Newsletter.

The Board of Directors will have their meeting on Wednesday June 26<sup>th</sup>, at 5:30 pm.

Meals: Please remember that we must have meal reservations by noon the day before the day you would like to join us for lunch! Our phone number is 402-396-7363. If no answer, leave a message on the voicemail. Meals will be served Monday thru Friday, with lunch meals at noon. For anyone 60 and over there is a suggested donation of \$4. No meal reservation will be accepted if you call to the Dairy Keen. All meals must be called into the senior center. It was not acceptable before and is not now.

**Birthday Party:** We will be having our celebration for the June birthdays on June 19, 2019. We will be having our Health Clinic, then noon lunch, with Bingo following. We have cake & ice cream after Bingo.

Wisner Care Center: Wisner Care Center will be here on Wednesday, June 26, 2019. We will have a Health Clinic starting at 11:30 am, noon lunch, Bingo following, and a dessert after Bingo.

# Manager's Notes:

It has been expressed greatly to us that we need to go up on 60 and over meals. Many other Senior Centers already have and after much discussion the board has felt it is time to raise the price. With that the price of the suggested donation of a meal for 60 and over will be \$5, effective July 1, 2019.

Chair Yoga & FROGs will not take place for the Month of July & August. We will start back up on Tuesday, Sept. 10, 2019. Our attendance for our exercise classes have gone down and I would like to see more of those smiling faces come back!! We have decided to add some exercise youtube videos. We will also be adding more heavier equipment as soon as we get our grant money!

We would like to put a big **THANK YOU** to Everyone that donated salads, crackers, & for participating at our Salad Supper, to Betty Lind for her cash donation and to Cory Voecks for donating the flowers for our door prizes. Thank you to Betty Wyatt, Melanie Thompson, Ron Wolverton, Barb Wolverton, Ron Siecke, and everyone else that helped us with cleaning up. Thank you and it is greatly appreciated!

We are looking for a few people that would love to get together, get recipes, and make a cookbook together! Please see Wendy if you are interested. We will have a meeting in July.

Looking forward to Pilger Days, I do know for sure that the Historical Society will be doing their pancake breakfast from 8 am – 2 pm, and The Pilger Senior Center will have their Emergency Preparedness & Health Fair from 9 am – 1 pm on Saturday July 20, 2019 at the Cooper Family Community Center. Saturday evening the Firemen will have their BBQ in the Park. Church service Sunday morning will be at CFCC. The Senior Center will also have a free Family Movie Night in the Park on Sunday, July 21, 2019 at dusk. The movie will be determined later. There will be free popcorn. Bring your own seating and drinks! More details will come as I find them out.

The Wellness Center is going to have an Aqua Hiit Class at the Pilger Pool! Maggie Holub is going to have 10 weeks of classes. Kick-off is Friday, June 7<sup>th</sup> at 6:30 pm. Admission is \$4 pool admission (or pool pass). If you sign-up before or on June 7 for Maggie's 10 week pass for \$10 (Maggie's pass is a \$10 savings if you sign up by June 7). Make payment out to Maggie Holub and drop off or mail to: Cooper Family Community Center, 100 W 2<sup>nd</sup> St., Pilger, NE 68768. Classes will be Monday nights 6:30-7:30 June 10<sup>th</sup> through Aug. 5<sup>th</sup> (Sessions 1-9), last class on Sunday, Aug. 11<sup>th</sup> at 6:30 pm (Session 10). Cost of classes will be pool admission \$4 (or pool pass) plus Maggie's \$2 fee per night. This will be a great workout that will be easier on the joints! All ages are welcome!

If the weather gets/is bad, for closing/cancellations, please go to Pilger Senior Center Facebook Page, Pilger Happening Facebook Page, or listen to the local radio stations or check out their websites. The local radio stations that support weatherthreat.com are 107.9 the Bull, 104.9 KTCH Big Red Country (Wayne), US92, 97.5 lite Rock, & 106.7 Kix.

Donated Items We Need for The Senior Center
Plastic Forks, Spoons, Knifes
Styrofoam and/or Paper plates
Flour, Sugar, Brown Sugar
Fresh or Store boughten canned fruit
Lemonade (Big Container) or Pink Lemonade



# **Important Phone Numbers**

Pilger Senior Center	402-369-1138
	402-396-7363
NE Area on Aging	402-370-3454
Care Line	1-888-370-7003
Social Security Admin.	1-800-772-1213
Veterans Admin.	1-800-827-1000
Hospice Link	1-800-331-1620
Medicare	1-800-633-4227
Legal Aide of Nebr- Elder	1-800-527-7249



### THANK YOU TO ALL!

Wendy Jindra – Manager

All individuals and groups who volunteer their time and talents here daily, weekly and monthly! Thank you for all those who eat here on a regular basis! We appreciate your patronage. And Thank You to anyone who donates to us by either participating, monetary, or items we need! We appreciate all that EVERYONE does!! THANK YOU!!

Current Pilger Senior Center Board Members
AJ Kluthe – President
Kim Dunklau – Treasurer
Melanie Thompson – Secretary
Lyndy Labenz – Vice President
Jim Duncan – Member
Cory Voecks – Member
Ron Siecke – Member
Betty Wyatt - Member



#### Calendar of Events

June

Sunday, June 2, 2019 – Alzheimer's Association presents The Inheritance @ St.

Andrew's UMC – Omaha 1-2:30 pm (info in the Senior Center Room)

Sunday, June 16, 2019 – Father's Day

Friday, June 21, 2019 – CFCC will be having a Meal Fundraiser (details coming)

July

Thursday, July 4, 2019 – Independence Day Friday, July 19, 2019 - Pilger Alumni Saturday, July 20, 2019 – Pilger Day's Sunday, July 21, 2019 - Community Church Service

Wishing Our June Birthdays'
A Happy Birthday!

1<sup>st</sup> – Vera Hansen

6<sup>th</sup> – Daryle Urwiler

6<sup>th</sup> – Ken Wiechman

9<sup>th</sup> – Jeff Warren

12th - Peggy Hunke

15<sup>th</sup> – Kenny Karloff

15<sup>th</sup> – Ted Reeg

17<sup>th</sup> – Jerry Meyer

18th – Eva Peterson

23<sup>rd</sup> – Kathie Lierman

27<sup>th</sup> – Beverly Sprieck

**Anniversary** 

If you know someone that is having a birthday and isn't on the list **Please** let me know so I can add them! I don't want to miss anyone



C X A G N В H R C I D L M K R A P E M E H T E R E R U G A T v D H В T L L F E R F M W K K E Y S E I I В L E U P Q B K E 0 F P 0 U I W X R H F S 0 N T Y I M E X R Z I L D V I C C R E A M R S D W Y G L Y P N V C G D H E R H S E R H A P B 0 S F S G I V G R P S J W L H U L A H 0 0 P I I J J A K P H 0 R V 0 D 0 F L P Q J N S 0 T F U P M N A 0 G K N W L F X P Y J Z W E S G D R C P E D L A A В L L 0 H X W E K R K H N E L H F G I Q J L A G 0 M 0 E B S C A U G S T Q I C R X L S U Z T V R U H T D E R T Η J K V L 0 H S В Т S D R D C H N R V J T N H R 0 M H R L E E D E A F P P C E U 0 K K C H G 0 S I L S T T Y M Y L I N E X C W E S N E I E F Q A C T C G A M A H A S V S S T R N 0 N N E Η W 0 E X B P A R A D E V T K E H U E A D J U L Y R I В J R E Y M M G H A E S E T D F F Q W T E R E T Y U I H S 0 P M A R D K L L Z C X C V S В N S A S N A F G H A M R 0 P K A S D G C M Q W E T U T I Ι H A A F J Z N Q R W L E L U I H K I X V В N N M N R T Y F E U V S D I F G G H J P N I 0 G R K E C 7 X N C V R N F D н J T R H ा N L 2 G U E W N S P U P C Ι H E I S N 0 C G W H C 0 0 K O U S K Ι J F M D J T W E E S D L

AUGUST BEACH BIKES CAMPING CARNIVAL COOKOUTS FIREFLIES FIREWORKS FISHING FLIPFLOPS FUN
HULA HOOPS
ICE CREAM
JULY
JUMPROPE
JUNE
MOVIES
PARADES
PARTIES
PICNICS
POOL

POPSICLES
ROLLERCOASTER
SANDALS
SPLASH
SPRINKLER
SNOWCONES
SUNGLASSES
SUNSCREEN
SWIMMING
THEME PARK
VACATION

# lady bug MEZG



Help the lady bug find her way out!



